

# What Personal Assistance Services Can I Receive?

**Some services that Medicaid may pay for include:**

- ◆ Bathing
- ◆ Dressing
- ◆ Toileting
- ◆ Meal preparation
- ◆ Eating
- ◆ Light housekeeping
- ◆ Laundry
- ◆ Exercise
- ◆ Medication assistance
- ◆ Assistance to medical appointments
- ◆ And more



# How Do I Apply?

**Go to your local county Office of Public Assistance (OPA) to apply for Medicaid.**

- ◆ To find the phone number of your local OPA call the Montana Citizens' Advocate Office toll free at 1-800-332-2272.
- ◆ You can find a full listing of Public Assistance Offices on the Medicaid website:  
[www.medicaid.mt.gov](http://www.medicaid.mt.gov)

**Applications and information on how to apply are also often available at:**

- ◆ Your local senior citizen center:  
Dial 1-800-551-3191 for your local Aging Services Help Line.
- ◆ Health care facilities.
- ◆ County health departments



# Seniors! Maintain Your Independence at Home



***Personal Assistance  
Services Available  
Through the State of  
Montana***

**[www.medicaid.mt.gov](http://www.medicaid.mt.gov)**

# What Is Personal Assistance?

**Personal Assistance** is a service offered by **Montana Medicaid** to help people stay in their homes by receiving some assistance. Personal assistance may be the difference between staying at home and going to a nursing home.



# How do I Become Eligible?

**People enrolled in Medicaid can be eligible for personal assistance service.**

To be eligible for regular Medicaid, with no deductible, the monthly income of Montanans aged 65 and older must be equal to or less than\*:

- ♦ \$637 for a single person
- ♦ \$956 for a married couple

There are also limits to the amount of resources you can own.

*\*You may still be eligible for Medicaid even if your income exceeds the above amounts, by using some of your income on medical bills.*

**For more information on eligibility and other Medicaid details:**

- ♦ Talk to your local Office of Public Assistance.
- ♦ Read the Medicaid Handbook at : [www.medicaid.mt.gov](http://www.medicaid.mt.gov)

# How do I Receive Services?

Personal assistance services are ordered by your health care professional, supervised by a nurse when necessary, and provided by a personal care attendant employed by an enrolled agency.

# What's the Cost?

There are no co-payments or cost shares for personal assistance services through Montana Medicaid.



**[www.medicaid.mt.gov](http://www.medicaid.mt.gov)**